



# Mid Yorkshire Regional Anaesthesia Group

## 2<sup>nd</sup> Ultrasound Guided Regional Anaesthesia Course

Medical Education Centre, Pinderfields General Hospital, Wakefield

**Saturday 27th April, 2013.**

### PROGRAMME

**08:00-08:45 Tea/Coffee and Registration**

**08:45-10:00 Lectures:**

Welcome  
Basics of Ultrasound  
Surgical view of Regional Anaesthesia  
Local Anaesthesia: Pharmacology  
Complications

**10:00-10:20 Practical:** US machine, probe, scanning, basic sonoanatomy

**10:20-10:40 Practical:** Needling In-Plane/Out-of-plane

**10:40-11:00 Tea/Coffee Break**

**11:00-12:30 Practical:** Upper Limb - Sono-Anatomy Demo  
**WORKSHOPS:** Supraclavicular and Interscalene  
Axillary  
Elbow and tracking down

**12:30-13:30 Lunch**

**13:30-14:30 Practical:** Lower Limb - Sono-Anatomy Demo  
**WORKSHOPS:** Femoral & Saphenous  
Popliteal sciatic

**14:30-15:10 Practical:** Abdomen - Sono-Anatomy Demo.  
**WORKSHOPS:** Rectus sheath  
TAP block;

**15:10-15:30 Tea/Coffee Break**

**15:30-16:30 Practical:** Central Neuraxis - Sono-Anatomy Demo.  
**WORKSHOPS:** Spinal & Epidural

**16:30-17:00 Free Style (Revision of any block/blocks of your choice)**

**17:00 Lessons Learned**

**17:15 Finish**

CPD Matrix Codes covered: 1A02, 2G01, 2G02, 2G03, 2G04 and 3A09



**5 CPD Credits (Applied for ) by the  
The Royal College of Anaesthetists**